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Portland Boxing Club's February 2021 Newsletter - Volume 6
Issue 2

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PORTLAND BOXING CLUB

29 YEARS

PORTLAND, MAINE

1992 ★ MAKING CHAMPIONS & GOOD CITIZENS FOR 29 YEARS ★ 2021



Portland Boxing Club's Wade Faria (left) lands a jab on his opponent at Get Gritty in the City in August 2019.

Boxing is Back!

The Portland Boxing Club reopened February 1.. We will be open our regular hours going forward, Monday through Friday 5:00 pm to 8:00 pm and Saturday

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this Saturday, February 6.

We will be following all state and USA Boxing COVID-19 protocols.



Portland Boxing Club's Jordan Lindsay (center) getting instructions between rounds from assistant coach Ivan Papkee (left) and head coach Bobby Russo (right) at the Northern New England Golden Gloves in January 2020.

Training Videos and Resources

The Portland Boxing Club has continued making training videos and providing other training resources. Almost 50 videos are available at www.portlandboxingclub.org/resources including videos on:

- Beginner Workouts
- At-Home Boxing Workouts
- Hand Wrapping
- Warm Ups and Stretching
- Jump Rope Techniques
- Shadowboxing Techniques

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- Defense Techniques
- Offense Techniques
- Footwork
- Bag Work

Check this page regularly as we will continue adding content. If there is a topic you would like to see covered in future videos, please let us know at pbcboxing@maine.rr.com



Portland Boxing Club's Kate Zehr (center) announced as the winner at the New England Golden Gloves in February 2020.

Upcoming Events

Northern New England Golden Gloves

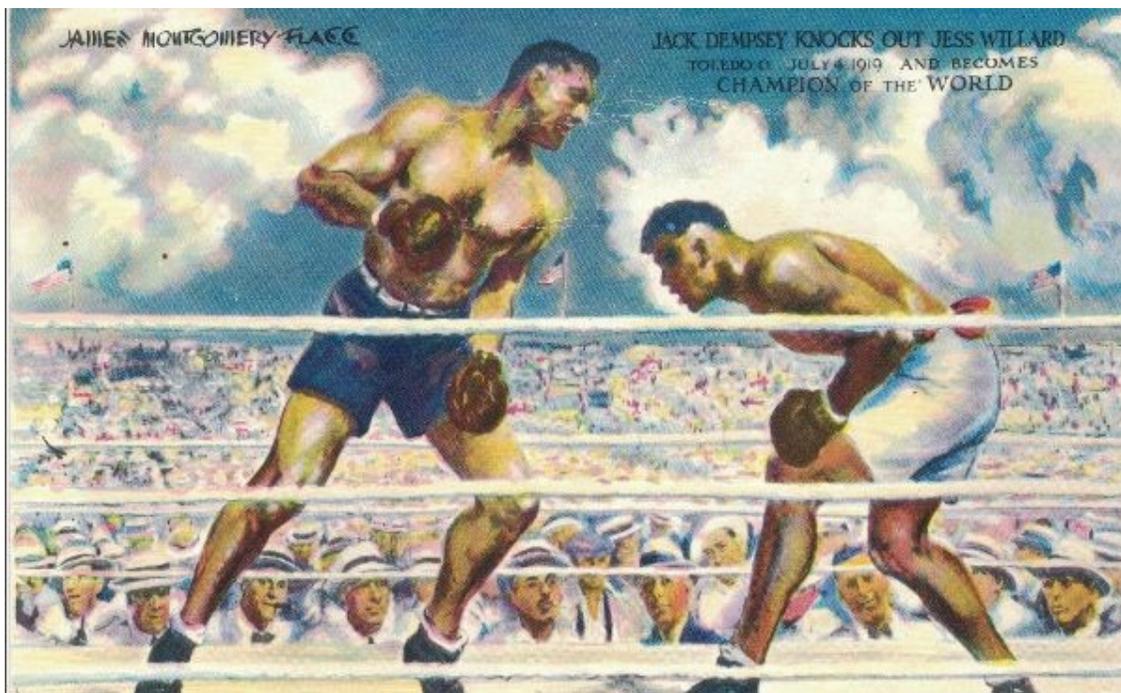
The Northern New England Golden Gloves are anticipated to be held during April at the Tri-City Christian Academy in Somersworth, NH. For more information and updates, visit: www.jassboxing.org/nnegg.html

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The New England Golden Gloves are scheduled to be held during April and May at the Lowell Memorial Auditorium in Lowell, MA. For more information and updates, visit: www.lowellgoldengloves.com/schedule

National Golden Gloves

The National Golden Gloves are scheduled for August 9 - 14, 2021 at the Cox Business Center in Tulsa, OK. For more information and updates, visit: www.goldenglovesusa.org/championship/



PBC On-Line Store

Portland Boxing Club's on-line store has a wide selection of merchandise featuring the Portland Boxing Club logo. These make great gifts for the hard-to-buy-for boxer or boxing fan in your life!

Sale Item - Long Sleeve T-Shirts

Portland Boxing Club [long sleeve t-shirts](#) are on sale for \$13.

Sale Item - T-Shirts

Think Spring! Portland Boxing Club [t-shirts](#) are on sale starting at \$12.

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store soon!

New Item - Glasses

We now have [11 oz lowball glass \(Old Fashioned glass\)](#), [16 oz pint glasses](#) and [Stemless wine glasses](#) laser etched with the Portland Boxing Club logo.

New Item - Jack Dempsey Signed Post Card

A [Jack Dempsey autographed post card](#) from the Jack Dempsey Broadway Restaurant in New York City is now available in our Boxing Memorabilia & Collectables site.

Gift Certificates

Gift certificates are now available! Gift certificates can be redeemed towards membership initiation, monthly dues and in-club purchases. Not sure what amount to purchase? Consider \$30 for one months' dues, \$50 for a sweatshirt and t-shirt, \$105 for a new member's initiation and second month's dues, \$180 for 6 months' dues or \$360 for one years' dues.

Check out these and the other store items at: [On-line Store](#)



Thank You Red Corner Club Members

Thank you to the following new and renewal members:

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Charlie Oransky
Gary Prolman - Law Office of Gary Prolman
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Mark St. John
Mickel Zuidhoek - Phoenix Hill Restoration

Thank you for being a member of the Red Corner Club!

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PORTLAND BOXING PORTLAND, MAINE CLUB

HOW CAN I SUPPORT PBC?

The Portland Boxing Club is a 501(c)(3) non-profit organization and we rely on fundraisers and donations for our operations. Here are some ways you can help support the Portland Boxing Club:

Red Corner Club

For an annual tax-deductible donation of \$100 or greater, you can join this group of Portland Boxing Club supporters. The Red Corner Club is open to anyone including current and past members, boxing team alumni, fans and the community.
www.portlandboxingclub.org/red-corner-club

Portland Boxing Club Merchandise

Our on-line store has a merchandise featuring the Portland Boxing Club logo. These make great gifts for the hard-to-buy-for boxer or boxing fan in your life! Boxing equipment is also available.
www.portlandboxingclub.org/store

Boxing Collectables and Memorabilia

Portland Boxing Club now has boxing collectables and memorabilia available for sale on-line. Items

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www.portlandboxingclub.org/memorabilia

AmazonSmile

Select Portland Boxing Club as your charity then when time you shop on Amazon, go to smile.amazon.com.

Your support of the Portland Boxing Club through any of these methods is greatly appreciated.

How Can I Support PBC?

The Portland Boxing Club is a 501(c)(3) non-profit organization and we rely solely on fundraisers and donations for our operations. Here are some opportunities for you to support the Portland Boxing Club:

Red Corner Club

Portland Boxing Club's Red Corner Club is a great way to show your boxing pride and support the Portland Boxing Club. For an annual tax-deductible donation of \$100 or greater, you can join this exclusive club of Portland Boxing Club supporters. The Red Corner Club is open to anyone who wants to support the Portland Boxing Club, including current and past members, boxing team alumni, fans and community supporters.

Benefits include Portland Boxing Club shirt with the Red Corner Club member logo, recognition in upcoming souvenir programs, recognition in Portland Boxing Club newsletters and recognition at Portland Boxing Club events.

For more information or to join, visit www.portlandboxingclub.org/red-corner-club

Portland Boxing Club Merchandise

Portland Boxing Club's on-line store has a wide selection of merchandise featuring the Portland Boxing Club logo. These make great gifts for the hard-to-

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help protect yourself and others. Boxing equipment including gloves, headgear, hand wraps, mouth guards and jump ropes are also available.

To shop these and many more items, visit www.portlandboxingclub.org/store

Boxing Collectables and Memorabilia

Portland Boxing Club now has boxing collectables and memorabilia available for sale on-line. Items include autographed boxing gloves from famous boxers such as Micky Ward, Dicky Eklund, Muhammad Ali, Jake LaMotta and Gerry Cooney along with local favorites such as Liz Leddy and Russell Lamour. Other items include vintage boxing magazines such as The Ring, KO Magazine, Boxing Illustrated and World Boxing from 1978 to 1992. Additional items are being added regularly.

To shop our Boxing Collectables and Memorabilia, visit

www.portlandboxingclub.org/memorabilia

AmazonSmile

Support the Portland Boxing Club when you shop on Amazon with AmazonSmile! Customers pay the same Amazon prices, with the added bonus that Amazon will donate a portion of the price of eligible purchases to the Portland Boxing Club.

Select Portland Boxing Club as your charity then when time you shop on Amazon, go to smile.amazon.com.

Your support of the Portland Boxing Club through any of these methods would be greatly appreciated. The Portland Boxing Club thanks you for your continued support.

PBC On-line Store

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