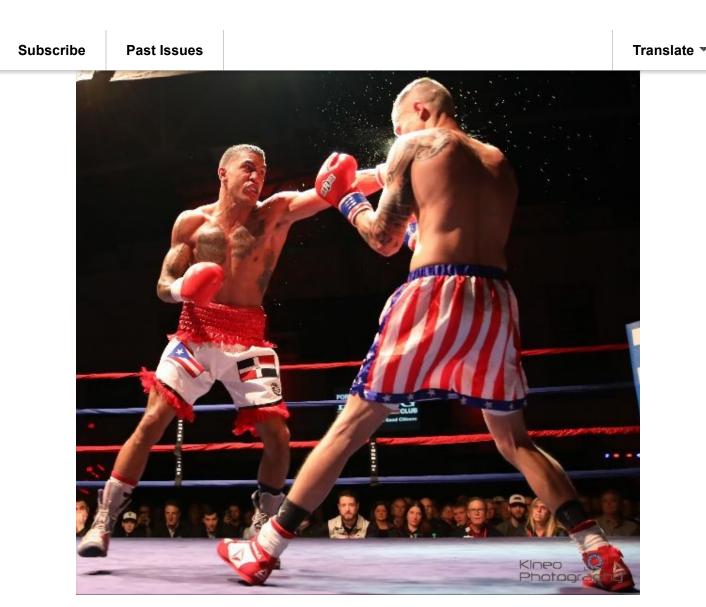






2019 Portland Boxing Club Team and Coaches. Front row (left to right) Danny Pang, Chi Wong, Kate Zehr, Freddy Najera, Lindsay Francois, Liz Leddy. Back row (left to right) Skip Neales, Durward Ferland, Steve Rosacha, Nate Nappi, Josniel Castro, Wade Faria, Anthony Riga, Russell Lamour, Casey Streeter, Ivan Papkee, Bob Russo. Absent from the photo are Jeff Quirk and Jason Quirk.



Portland Boxing Club's Josniel Castro (left) lands a jab on Leonardo Ladiera at the Portland Expo on November 9, 2019. *Photo courtesy Kineo Photography.*

Fight Results from Portland Expo

Local favorite Russell Lamour, Jr, 17-3, 9 KOs, thrilled the packed Portland Expo November 9th with an exciting 3rd round stoppage over Buenos Aires' Diego Marocchi, 18-5-1, 14 KOs in the scheduled 8 round middleweight mainevent. The Argentinian started fast, moving just outside the much taller Lamour's range, looking for counters, but showed early on that he did not have the power to keep Lamour off. Settling in for the second round, Lamour began to take advantage of his superior size and skills, with accurate jabs and body shots. By the third, a clearly out-gunned Marocchi went down twice and although he beat the count, he was clearly ready to be stopped when his cornerman threw in the towel at 1:40.

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New Haven, CT native showed incredible poise and accuracy dismantling his determined opponent. Seconds into the first round, Dyer landed a clean left hook to the temple that briefly rocked Foster, who looked clearly hurt. It did not take long for him to regroup, however, as he soon found his range, picking his spots and winning the round. Taking over in the second, Foster used hand speed and combination punching, punctuated by a fast, clean left hook he was able to land at will throughout. After a warning for a few low blows, referee Mike Ryan deducted a point from Foster, evening the round on the score cards. In the third round, however, Foster came out with a vengeance, picking Dyer apart, landing to the head and body, eventually finding his way through the defense and hurting Dyer, eventually sending him to the canvas with a barrage of clean punches. Referee Ryan called a halt to the bout at 2:54. Foster is anxious to continue to step up his competition, and feels he's ready for the next level of opposition.

Returning to the ring after a horrendous work accident in which his leg was badly mangled by heavy equipment, Super Welterweight Casey Streeter, 10-1-1, 4 KOs, looked impressive clearly outworking 15-5 Miguel Angel Suarez over 6 rounds. Suarez started aggressively, loading up with looping right hands and counter hooks, but it was the cool, straight forward boxing and tight defense of Streeter that dictated the flow of the bout. Referee Melissa Kelly deducted a point for excessive holding. Suarez visited the canvas a total of 3 times in the bout, somehow surviving the many body punches that wore him down. He was determined to finish, but lost a lopsided unanimous decision, no surprise at 59-52 twice and 60-50 once.

West Forks, Maine's Brandon Berry, 142 lbs, won a wild brawl with Grove, Oklahoma's Jimmy Roach, 139 lbs with an impressive 2nd round TKO. Roach, 5-3, 5 KOs came out smoking, throwing bombs from the bell, trying to end the fight early, but the pace proved to be too much for him, as he tired by the last minute of the round, giving Berry, who clearly possessed the better skills, a chance to even things up. In the second, Roach looked clearly spent, barely able to avoid anything fired at him from Berry who sensed that he could end things when he chose, which he did, landing 11 unanswered, clean punches, prompting referee Mike Ryan to call an end to the evening for Roach at 1:40. Berry improved his record to 16-5-2, 11 KOs.

Highly regarded as an amateur, Josniel Castro, 152 lbs, looked impressive in

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gamely in the first round, losing but competitively, showing tight defense and the ability to snap off clean shots when the openings presented themselves, but a wide left hook, thrown at the same time as a tight left hook from Castro, corkscrewed him to the canvas in the best knockout of the night at 2:45 in the second round. Fortunately, he was up and congratulating his young opponent within moments.

In his pro debut, Uzbakestanian Zukhriddin Makhkamov, now fighting out of New York, easily handled late substitute Darren Gibbs, 1-7, outclassing the game Gibbs for a round before closing the show at 2:45 in the second round with sharp combinations after backing Gibbs to the ropes. With an outstanding amateur background, superb conditioning, savvy management with veteran Jack Stanton, and standing 6'2" at light heavyweight, Makhkamov looks even at this early stage to be the real deal.

Opening the evening in an amateur bout, Portland Boxing Club's middleweight Wade Faria looked sharp, clearly out-pointing the more experienced Erik Fonge of Lynn, MA. Faria controlled each round with accurate counter-shots and won a unanimous decision.

The special guest for the evening was Hall of Famer trainer and ESPN color commentator Teddy Atlas who came to Portland and donated his time to support the non-profit Portland Boxing Club in its annual fundraiser.

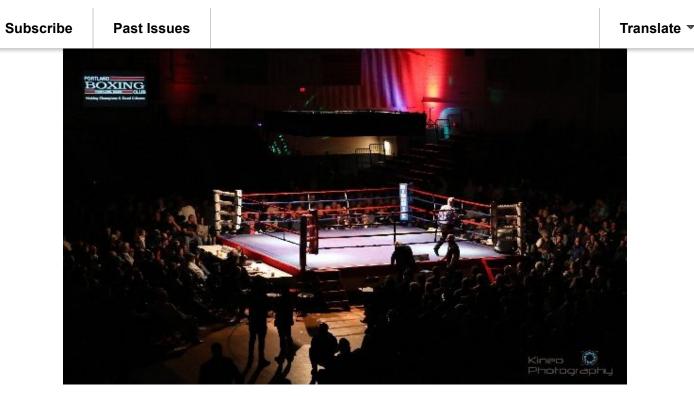


Portland Boxing Club's Russell Lamour lands a jab with Diego Marocchi at the Portland Expo on November 9, 2019. *Photo courtesy 365 Digital Photography.*

Membership Dues

Monthly dues are changing effective January 1, 2020. For members who prefer to pay they dues each month in the gym, dues are changing to \$30 monthly. For members who are enrolled in automatic monthly payments via credit card, dues will continue to be \$25 monthly.

Members can self-enroll in automatic monthly payments on-line by clicking here: <u>Recurring Membership Payments</u>. Note, Enter 1 for the number of monthly dues and check the box "I want to contribute this amount every month." Members can also enroll in automatic monthly payments by completing this form and returning it to the gym: <u>Membership Auto-Payment Form</u>.

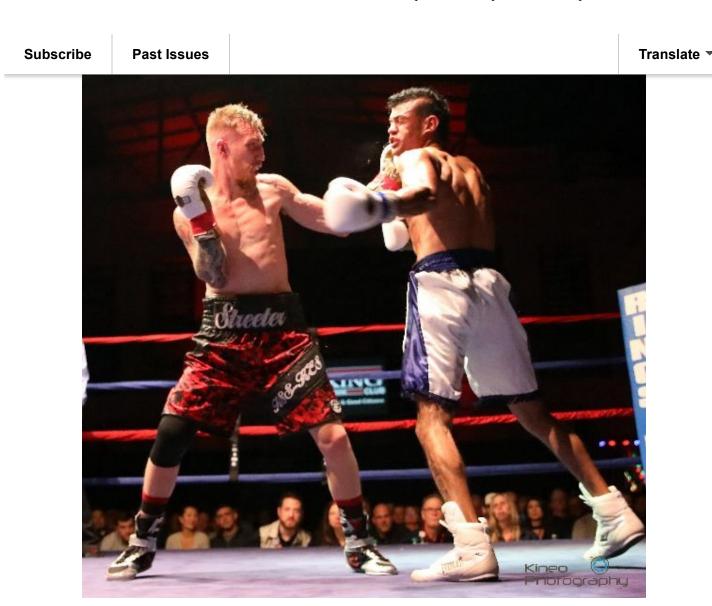


A packed house at Portland Boxing Club's All-Star Boxing at the Portland Expo on November 9, 2019. *Photo courtesy Kineo Photography.*

Boxing is Alive and Well - Thank You!

What a great night of boxing in Portland! I want to thank the fans who packed the Portland Expo, the sponsors who continue to support our club, the volunteers and Expo staff who all did a great job, and above all I want to thank the boxers who compete in the toughest sport there is. I'm so proud of Portland Boxing Club boxers Russell Lamour, Jr., Casey Streeter, Josniel Castro and Wade Faria who dominated the night. And congratulations to Brandon Berry on his impressive showing and to hot prospects William Foster and Zukhriddin Makhkamov on their wins. A special thanks to Teddy Atlas, a great guy and a true ambassador of the sport of boxing who came to Portland to give back to our grass roots program. Boxing is alive and well in Portland, Maine!

Bob Russo, President and Head Coach



Portland Boxing Club's Casey Streeter lands a left hook on Miguel Suarez at the Portland Expo on November 9, 2019. *Photo courtesy Kineo Photography.*

Casey James Streeter: Boxer Fortunate He's Alive to Fight

On Nov. 9, Casey James Streeter will face Miguel Suarez of Argentina in a sixround junior middleweight bout at the Expo in Portland, Maine, not far from where he lives in Raymond, Maine.

Just 15 months ago, it seemed unlikely Streeter, now 28, would ever fight again and there was some doubt about whether or not he'd still have a right leg or, for a brief time, his life.

On Aug. 1, 2018, Streeter was working as an arborist. It was his second-to-last day on the job. He had given notice and was set to begin a new career as a corrections officer.

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"I was standing in the ditch and the guy operating the grappler couldn't see me," Streeter said. "The claw closed on my leg."

The grappler mangled his right leg. His kneecap was shattered. His femur tore through his skin. Muscle was exposed. His femoral artery was spared by an eighth of an inch.

"His femur just blew out the back of his leg," said Bobby Russo, who has trained Streeter at the Portland Boxing Club since Streeter was 13. "He was lucky he didn't die. He was lucky he didn't lose a leg."

Because of the location of the job site, getting Streeter to the emergency room at Main Medical Center was a challenge.

"The cell service wasn't good," Russo said. "The EMTs had to cut a path so they could get to him."

The doctor who treated Streeter, Dr. Matthew Camuso, was a Navy veteran who treated Marines during the Iraq war. He ended up operating on Streeter four times since the accident.

"[Boxing] was a huge motivation," said Streeter, who is a father of two young children. "When I learned I'd still have my leg, I thought what about my boxing career."

A four-time New England Golden Gloves champion, Streeter turned pro in 2014. Then known as Casey Kramlich (he later changed his last name to that of his wife), he was 9-1-1 with 4 knockouts after winning a four-round unanimous decision over Dennis Sharpe on April 28, 2018.

He has a majority-decision win over the previously unbeaten Ray Oliveira, Jr. to his credit. His only loss was a decision against Greg Vendetti on Sept. 30, 2018 in Boston during a nationally-televised card. Vendetti was briefly ranked ninth by the World Boxing Association toward the end of 2018. He lost to Michele Soro in a bid for the WBA Gold title.

"That was an eight-round bout," Streeter said. "Greg is a warrior. I learned a lot

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Streeter believes his boxing experience allowed him to survive and get through the surgeries and months of physical therapy. Being in top physical condition before the accident helped, but that wasn't the only thing he had going.

"Being a boxer, helped, not just physically, but mentally," he said.

Once Streeter got back into the gym, he went to work restoring the tools that helped him win nine of his first 11 fights.

"I feel great," he said. "I'm probably in the best shape I've been in for the last two years. My lateral movement is back. That's the first thing Bobby started working with me on."

Said Russo, "One of his biggest attributes is his lateral movement. What he's always been able to do is wear down his opponents with his lateral movement. It's come back."

The pro-am show on Nov. 9 is an annual event for the Portland Boxing Club. Former NABF and New England middleweight champion Russell Lamour will also be fighting on Nov. 9 at the Expo, which is the second-oldest sports arena still in use in the United States.

"It's amazing," Streeter said. "The Expo has a great history and there's always a big crowd."

Streeter's comeback bout figures to be a challenging one. It's six rounds; Suarez, who will be fighting in the United States for the first time, is 15-4 with nine knockouts.

Streeter didn't want to start over from scratch. He wanted to pick up where he left off.

"I told Bobby I wanted a six-round fight," he said. "I wanted a good opponent."

That was fine with Russo.

"[Suarez] is a good opponent," Russo said. "It's a challenge. My guys don't get set-up fights."

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corrections officer waiting for him when he's ready. In and out of the ring, he wants to be the same Casey James Streeter he always was, but he does have a different perspective on life.

"It was one eighth of an inch away from my femoral artery," he said. "I always want to live life to the fullest."

Article by Stephen Tobey, MaxBoxing.



Portland Boxing Club member Stephen Burt.

Stepping Into the Ring to Fight for My Life

The art of boxing is not about beating the other guy – it's about overcoming your own fears.

The bell rings and three minutes of action – a cacophony of sound and motion – begins. Fighters move in the ring looking for advantage, punching,

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and it all stops. Young and old walk to the water station, converse, joke, advise for one minute, and then with the ring of the bell, it all starts again. All of them striving to be just a little faster, a little stronger and better than they were the day before.

There's Kate, who trains with impressive intensity; Russell, the middleweight champion who always has a greeting for everyone; the indomitable Liz, whose no-nonsense attitude in the ring belies a generous teacher; Josniel, a just-turned pro whose future opponents better be wide-awake; Freddy, who hardly ever breaks a sweat; Julie, stern and kind; Casey, who has bounced back from a grievous leg injury that would have crippled most; Wade, whose skills grow formidable, not so much his singing voice; Jeff – strength and conditioning master; Skip – at 80, the fix-it guy, who has seen more fights than all the rest put together; and head coach Bob Russo offering soft-spoken insight and encouragement. The only thing he asks is that his fighters give it their very best – if not, that voice is transformed, the command given – BOX! There are many more ...

I am here at 57 – not skilled, not training to fight in the ring. Nevertheless, I am here three times a week to fight for my life. To hit a little harder, move a little faster, to slow my vicious opponent – Parkinson's disease. Nothing gets one's attention better than the thought of a slow descent into physical impairment. So, I arrive, and at the bell, I begin. Each step, each punch, each grueling workout is a rejection of that possible outcome. Although my imagined knockout remains elusive, I am giving my opponent a worthy fight.

I am an artist and university professor, a beginner at the Portland Boxing Club. What it takes to fit in here is commitment. These people, who I deeply respect, have true grit, strength of purpose, and with the champions, a wily intellect to outwit determined opponents in what can be, admittedly, a dangerous sport. It seems to me though that boxing isn't really about beating the other guy, though that's a good outcome, it is more about beating your own fears and doubts.

As the great Hank Williams sang, "I'll never get out of this world alive." I don't know how long I'll live, but I do know that with each workout, I can draw, teach, box and love a little longer. That thought keeps me showing up. Aren't all our efforts in some sense about going out in style, making the statement: I was here, I worked hard at it, I tried to make a difference. Respect that. Thanks,

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Portland Boxing Club member Stephen Burt of Scarborough is an associate professor of art at the University of New England.



Getaway Raffle

The Portland Boxing Club announces a Getaway Raffle. The winner will be awarded two roundtrip tickets on jetBlue to anywhere they fly! Tickets go on

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Club. Visitors are welcome at the drawing which will also be shown live on Portland Boxing Club's Facebook page.

Tickets are One for \$10, Six for \$50, or Thirteen for \$100. Tickets will be available at the All-Star Boxing event, at the Portland Boxing Club, from the boxers and on-line at www.portlandboxingclub.org/raffle.

Thank you to jetBlue and Captain Phil Spiller for sponsoring this raffle.



Liz St. Clair (left) and Roy St. Clair (right) with Bobby Russo (center) at his induction into the Maine Sports Hall of Fame in 2013.

Volunteers of the Month - Roy and Liz St. Clair

Liz and Roy St. Clair have volunteered at over 100 events in the past 27 years. Liz, an attorney by day, has helped the Portland Boxing Club in many ways. Not only does she offer legal advice when needed, her law firm of Germani Martemucci & Hill is also a major sponsor of our events. She even helps out at our shows by selling tickets at the door. Roy is a volunteer USA Boxing official and also helps us out at every event, including promotion of the show and

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Thanks for all your do to keep our boxing program alive. Bob Russo, President and Head Coach



Portland Boxing Club member Lindsay Paschal (right) after a workout with Liz Leddy (left). *Contributed photo.*

Congratulations PBC Member Lindsay Paschal

Portland Boxing Club congratulates member Lindsay Paschal, DPT, BSAT, LMT on opening her skilled massage and orthopedic physical therapy practice at 523 Deering Ave in Portland. Lindsay offers detailed, skilled massage and orthopedic physical therapy services without the burden of insurance

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Assistant Coach Ivan Papkee, Maine Combat Sports Authority Inspector Jay Potvin, Cutman Mel Peabody and Head Coach Bob Russo work with Russell Lamour between rounds. *Photo courtesy 365 Digital Photography.*

Photos from Portland Boxing Club's All-Star Boxing

<u>Click here to view</u> photos with Teddy Atlas from Bruce Haskell Photography

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Click here to view Kineo Photography fight photos

Click here to view 365 Digital Photography fight photos



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Stronger Because of the Obstacles

Liz Leddy recently gave a speech titled "Stronger Because of the Obstacles" at the Portland Rotary Club's meeting on November 22, 2019 on how boxing helped her change her life. Leddy was introduced by Portland Boxing Club volunteer Durward Ferland who provided some background on the Portland Boxing Club and highlights of Leddy's impressive boxing career.



Upcoming Events

Top Rank Boxing on ESPN+

Portland Boxing Club's pro super welterweight Casey Streeter (10-1-1, 4 KO) will be fighting Mohammed Rabii (10-0, 5 KO) at Turning Stone Resort Casino in Verona, NY on Saturday January 18, 2020. Undercard bouts will stream live on ESPN+ starting at 6:30 p.m. For more information visit <u>www.toprank.com/events/</u>

Northern New England Golden Gloves

Portland Boxing Club team members will be participating in the Northern New England Golden Gloves on January 19 and 26, 2020 at 6:30 pm with the

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the Tri-City Christian Academy, 12 Rocky Hill Road, Somersworth, New Hampshire. For more information visit <u>www.jassboxing.org</u>.

New England Golden Gloves

Qualifying Portland Boxing Club team members will be competing in the 2020 New England Golden Gloves Tournament of Champions in Lowell, MA. The Novice-Class semi-finals are February 13 and the finals are February 20. The Open-Class semi-finals are February 27 and finals are March 5. The open-class winners will represent New England at the National Golden Gloves Tournament of Champions May 3 - 9, 2020 in Tulsa, Oklahoma. For more information, visit <u>www.lowellgoldengloves.com</u>.

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PBC On-Line Store

Portland Boxing Club's on-line store has a wide selection of merchandise featuring the Portland Boxing Club logo. These make great gifts for the hard-to-buy-for boxer or boxing fan in your life!

New Item

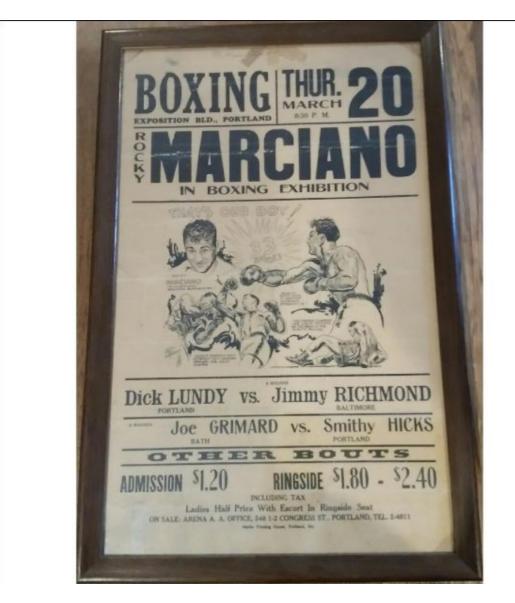
Portland Boxing Club hand wraps are now available! They are available for \$10 on-line and in the gym.

Gift Certificates

Gift certificates are now available! Gift certificates can be redeemed towards membership initiation, monthly dues and in-club purchases. Not sure what amount to purchase? Consider \$25 for one months' dues, \$50 for a sweatshirt

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Check out these and the other store items at: On-line Store



Boxing Collectables and Memorabilia

Portland Boxing Club now has boxing collectables and memorabilia available for sale on-line. Current items listed include autographed boxing gloves from famous boxers such as Micky Ward, Dicky Eklund, Muhammad Ali, Jake LaMotta and Gerry Cooney along with local favorites such as Liz Leddy and Russell Lamour. Other items include vintage boxing magazines such as The Ring, KO Magazine, Boxing Illustrated and World Boxing from 1978 to 1992. Keep checking back as additional items are being added regularly.

Attention Rocky Marciano fans - new item posted! Framed poster in excellent

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when it was discovered that Marciano substituted his brother for his advertised sparring partner.

Donations of boxing collectables and memorabilia are being accepted if you have items that you would like to contribute. "We have heard from people who want to make sure their collection goes to a good cause and from people who have been collecting for years and don't know what to do with their items. We will photograph them, research their value and offer them for sale to help PBC raise money," states Portland Boxing Club's President and Head Coach Bob Russo. All proceeds raised from the sale of these items go to supporting Portland Boxing Club's amateur boxing program.

The Boxing Collectables and Memorabilia page can be seen at www.portlandboxingclub.org/memorabilia



Help Support the Portland Boxing Club

Join the Red Corner Club! It is a great way to show your boxing pride and support the Portland Boxing Club. For an annual tax deductible donation of \$100 or greater, you can join this exclusive club of Portland Boxing Club supporters. The Red Corner Club is open to anyone who wants to support the Portland Boxing Club, including current and past members, boxing team alumni, fans and community supporters.

Benefits include: Portland Boxing Club Shirt with the Red Corner Club member

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Memberships can also be given as a gift! <u>Click here for more information and to</u> join the Red Corner Club

Red Corner Club Members

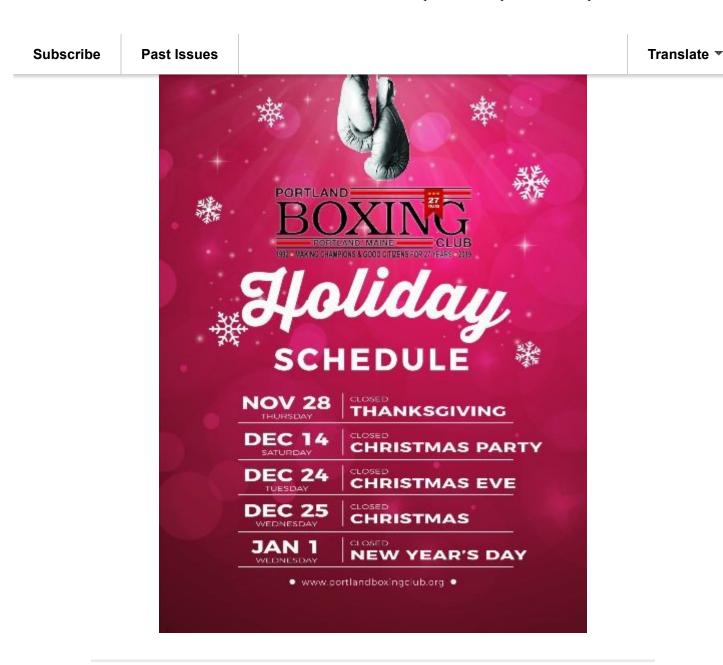
Thank you to the following new members of the Red Corner Club: Tom Lee Mike Svigelj - M2SC, Inc. Matt Tardiff - Camden National Bank

Thank you to the following members for renewing their Red Corner Club membership:

Joseph Galietta Bucky Mulkern Roger & Joanne Fortin

Automatic Payments of PBC Dues

Did you know that gym members can automatically pay their monthly Portland Boxing Club dues with a credit or debit card? If you would like to pay your dues with a credit or debit card, forms are available in the gym or at <u>www.portlandboxingclub.org/forms</u>.



Shop on Amazon Smile to Support PBC

Support Portland Boxing Club every time you shop on Amazon! **Select Portland Boxing Club as your charity** then when time you shop on Amazon, go to <u>smile.amazon.com</u> and Portland Boxing Club will receive a portion of the purchase price.



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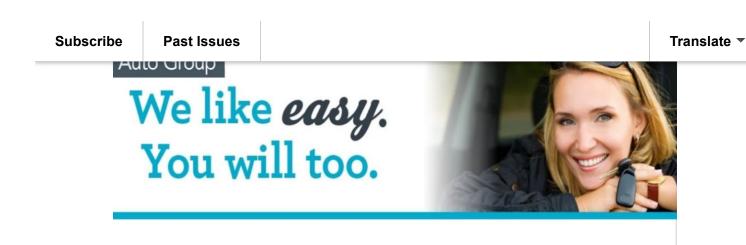
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Membership

If you haven't been into the Portland Boxing Club recently, we welcome you to rejoin! If you are an active member, refer your friends! Membership information and Saturday boot camp information is available on our website.

Membership Information

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Thank you to Berlin City Auto Group for being a major sponsor of the 2019 All-Star Boxing event at the Portland Expo.





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