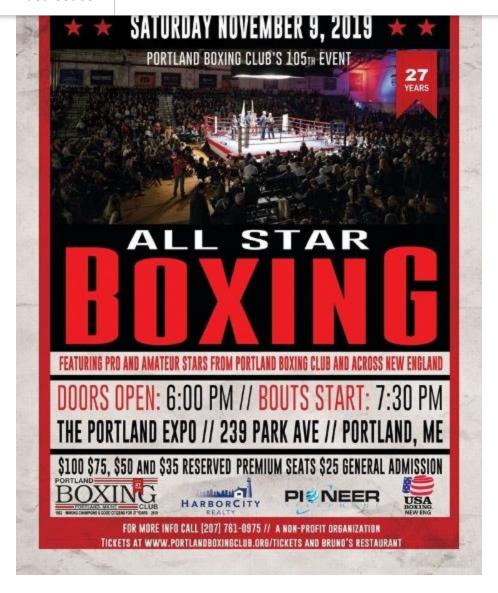
Portland Boxing Club's November 2019 Newsletter - Volume 4 Issue 11

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#### **Great Seats Still Available!**

All Star Pro Boxing returns to the Portland Expo on November 9, 2019. The Portland Boxing Club will be staging its 105th event in Portland since the club's inception 27 years ago.

The event will once again feature local stars dominated by Portland Boxing Club boxers. Former New England and North American Middleweight Champion Russell "The Haitian Sensation" Lamour, Jr. will be back, along with teammate Casey "Buzzsaw" Streeter (formerly Kramlich) who is back after suffering a job related injury. Streeter's injury was life threatening, almost losing a leg in a logging accident. His comeback is amazing. Josniel "TG" Castro, a nationally ranked amateur, will be making his professional debut. Other up and coming regional stars will also appear.

#### Restaurant. Tickets will also be available at the door.



Special guest for the All-Star Boxing event, Teddy Atlas.

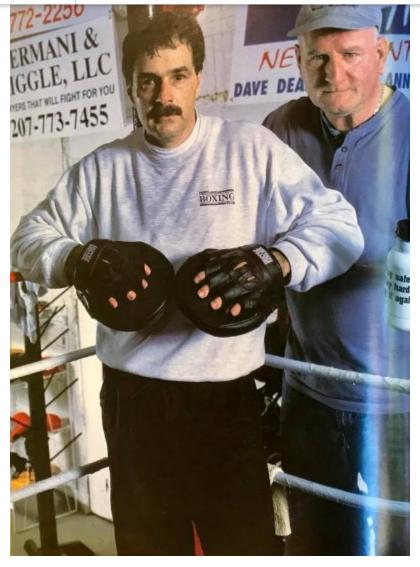
# Hall of Fame Trainer and ESPN Boxing Commentator to Appear at the Portland Expo

The Portland Boxing Club announces that Teddy Atlas will be the special guest at this year's All-Star Boxing event at the Portland Expo on Saturday, November 9. Atlas, an ESPN boxing commentator and Hall of Fame trainer of six world champions, including heavyweight champion Mike Tyson, will appear at the Portland Expo to sign autographs and take photos with fans from 6:00 to

Buster Douglas, Roberto Duran, Michael Spinks, Riddick Bowe, Larry Holmes, Boom Boom Mancini, and Ray Mercer.

Teddy Atlas, a well-known trainer and sometimes controversial commentator, is also well known for giving back to the sport of boxing and is here to help with our annual fundraiser. In 1996, Teddy Atlas established the Dr. Theodore A. Atlas Foundation in honor of his father, a not-for-profit organization that, in large ways and small, comes to the assistance of people in need. The Foundation operates a food pantry, gives away turkeys on Thanksgiving and toys on Christmas, runs incentive programs in schools and sponsors a basketball league. It helps literally thousands of individuals and families in difficult times - paying for medical insurance, purchasing medical equipment, making a home handicapped-accessible, buying a headstone, helping in any way that is appropriate in a given situation. The Foundation has given away over three million dollars to help the less fortunate among us and has done so in such a way as to preserve the dignity of the people receiving help, without red tape and with a discrete check to validate a particular need.

In 2000, Teddy Atlas was awarded the NFL Helping Hands award for his charity work and was inducted in the Boxing Hall of Fame in May of this year.



Portland Boxing Club president and head Coach Bobby Russo (left) seen here with assistant coach Skip Neales (right) in this undated photo from the late 1990's.

## Happy Birthday Coach

The members of the Portland Boxing Club wish president and head coach Bobby Russo a happy 65th birthday! Thank you for all that you do for the Portland Boxing Club, New England Golden Gloves, Golden Gloves of America and the sport of boxing.



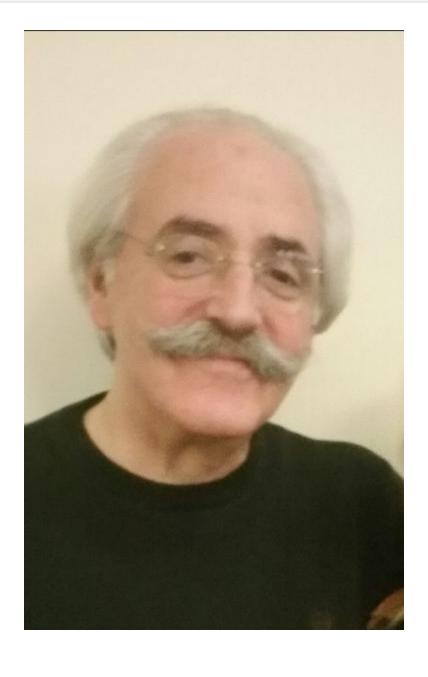
## **Getaway Raffle**

The Portland Boxing Club announces a Getaway Raffle. The winner will be awarded two roundtrip tickets on jetBlue to anywhere they fly! Tickets go on

Club. Visitors are welcome at the drawing which will also be shown live on Portland Boxing Club's Facebook page.

Tickets are One for \$10, Six for \$50, or Thirteen for \$100. Tickets will be available at the All-Star Boxing event, at the Portland Boxing Club, from the boxers and on-line at www.portlandboxingclub.org/raffle.

Thank you to jetBlue and Captain Phil Spiller for sponsoring this raffle.

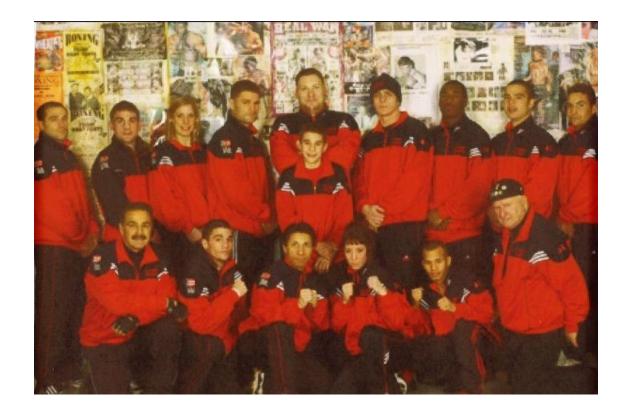


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#### Volunteer of the Month - Michael Russo

Michael Russo has been in charge of program ads for the past three years. He works tirelessly calling our many sponsors and following up with the sponsor advertising, assisting Durward with putting together this awesome program. The brother of Coach Russo, Michael started volunteering 25 years ago when he was in charge of security at boxing shows when they were held at the Portland Boxing Club. He also helps out in any way he can to promote our good cause, including hanging posters around Greater Portland and delivering sponsor tickets.

Thanks, Michael, for all your help! Bob Russo, President and Head Coach



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	TICAU CUAUTI DUD P	lusso, Mich Stevens, Freddy Majera, Liz Leddy, Jorge Abiague,	

Assistant Coach Skip Neales. Center: Jesse Porter. Back (left to right): Mario Andelic, Jason LeHoullier, Lisa Kuronya Coombs, Todd Bacon, Aaron Emmons, Jason Ellis, Russell Lamour, Jaed Coffin, Aaron Scalia.

## A Worthy Opponent

I have a friend who exchanges witty barbs with me and makes me laugh far more than I should. Thankfully, she lives in Colorado so I don't have to be funny 24/7 or she would win hands down! I tell her she's almost a worthy opponent because she keeps me sharp. My husband and I banter back and forth about each other's TV program choices. I'm a little bit Bravo and he's a lot more Grit TV. We argue nightly about the puzzles and questions on Wheel of Fortune and Jeopardy. He says they're way too hard and I joke that they're easy (as if I could ever know all the answers!) He's my best friend and a worthy opponent.

We all need worthy opponents; they're our allies- not the enemy! Usually they're the people we respect and enjoy measuring ourselves up to occasionally.

Boxers put on gloves to prove that on one night with circumstances being equal, one of them will emerge victorious. Wise managers size up the competition figuratively and ability wise but the main factor is respect- for the craft, the reputation and the skills. It's the measure of who they are, contrasted by an equally worthy opponent. Sometimes the psychological advantage plays a big part in winning. Who is willing to go the distance because they want it more? Skill is important but the desire of the heart contributes an advantage in any outcome.

In tennis (like most sports), it's important to play with an opponent that's as skilled as you or better. That way, you improve and learn to rise to their level. A chef wants to compete with someone as talented and as savvy as they consider themselves. There's no glory in a filet Mignon competition against a baloney sandwich. Regardless if we're on a football field or in a show ring at the American Kennel Club, we all strive to be the best and want to know we had worthy opponents.

Several weeks ago, my husband and I attended a fundraiser for a family going through a difficult time with a son extremely debilitated. Sometimes the smallest goal is insurmountable. Every day this child's parents brave the day with smiles on their faces for the sake of the good fight. There's no medal at the end of their day. There are times when I can't even comprehend what it could feel like to face that challenge day after day. There they stand; holding dearly onto someone they never knew they could lose. That takes true courage because it's no contest for the weak of heart.

Before my husband retired, he worked at a Veterans Hospital that specialized in paralyzed and quadriplegic patients. In addition, there were many veterans having difficulty assimilating back into society. The hospital staff understood the answer to save them was having these men assist those worse off than themselves. Incredibly, it worked and many of these veterans now hold positions and jobs designed to help other patients. People need to know they matter at every level even though their unworthy opponents were sometimes themselves.

Raise the bar in your own life and get off the sideline. Make a promise to yourself that you'll be a worthy opponent to someone you admire. Your life will improve-guaranteed! And then, help someone else become a worthy opponent in their lives. You will never regret your efforts. And remember, as long as you've got heart, you've got the advantage!

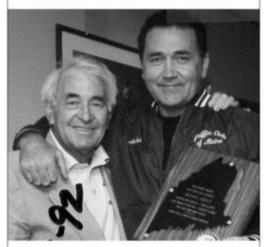
Danie Connolly is a photojournalist and children's story book author and illustrator in Kennebunk, Maine. She is a long time friend of the Portland Boxing Club.

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# TWO PORTLAND BOXING LEGENDS AND VETERANS

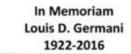


EDDIE GRIFFIN (LEFT, ARMY) AND MACKA FOLEY (RIGHT, MARINES)

## Staff Sargent Antonio "Tony" DiMillo, Sr



Enlisted in the Army at age 17 to serve in the Korean War





In Memory of Portland Boxing Club's
Biggest supporter, D-Day survivor, and
father-in-law of Coach Russo
Thinking of you on Veteran's Day
And Always
The Germani Family



Active Duty Vietnam 1967 - 1968 and 1969 - 1970 Helicopter Pilot First Air Cavalry

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## A Big Thank You to All of Our Veterans

This Veteran's Day, and every day, the Portland Boxing Club salutes our

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## **Upcoming Events**

## All-Star Boxing at the Portland Expo

The Portland Boxing Club will be staging its 105th event in Portland since the club's inception 27 years ago. The event will feature professional and amateur stars from the Portland Boxing Club and across New England. This All-Star Boxing event will be held November 9, 2019 at the Portland Expo, 239 Park Ave, Portland.

#### Northern New England Golden Gloves

winners advancing to the New England Golden Gloves in Lowell, Massachusetts. The Northern New England Golden Gloves will be held at the Tri-City Christian Academy, 12 Rocky Hill Road, Somersworth, New Hampshire. For more information visit www.jassboxing.org.

#### **New England Golden Gloves**

Qualifying Portland Boxing Club team members will be competing in the 2020 New England Golden Gloves Tournament of Champions in Lowell, MA. The Novice-Class semi-finals are February 13 and the finals are February 20. The Open-Class semi-finals are February 27 and finals are March 5. The open-class winners will represent New England at the National Golden Gloves Tournament of Champions May 3 - 9, 2020 in Tulsa, Oklahoma. For more information, visit <a href="https://www.lowellgoldengloves.com">www.lowellgoldengloves.com</a>.



#### **PBC On-Line Store**

Portland Boxing Club's on-line store has a wide selection of merchandise featuring the Portland Boxing Club logo. These make great gifts for the hard-to-buy-for boxer or boxing fan in your life!

#### **New Item**

Portland Boxing Club hand wraps are now available! They are available for \$10 on-line and in the gym.

#### Gift Certificates

Gift certificates are now available! Gift certificates can be redeemed towards

and t-shirt, \$100 for a new member's initiation and second month's dues, \$150 for 6 months' dues or \$300 for one years' dues.

Check out these and the other store items at: On-line Store



## Boxing Collectables and Memorabilia

Portland Boxing Club now has boxing collectables and memorabilia available for sale on-line. Current items listed include autographed boxing gloves from famous boxers such as Micky Ward, Dicky Eklund, Muhammad Ali, Jake LaMotta and Gerry Cooney along with local favorites such as Liz Leddy and Russell Lamour. Other items include vintage boxing magazines such as The Ring, KO Magazine, Boxing Illustrated and World Boxing from 1978 to 1992. Keep checking back as additional items are being added regularly.

Donations of boxing collectables and memorabilia are being accepted if you have items that you would like to contribute. "We have heard from people who want to make sure their collection goes to a good cause and from people who have been collecting for years and don't know what to do with their items. We will photograph them, research their value and offer them for sale to help PBC raise money," states Portland Boxing Club's President and Head Coach Bob

The Boxing Collectables and Memorabilia page can be seen at www.portlandboxingclub.org/memorabilia



## Help Support the Portland Boxing Club

Join the Red Corner Club! It is a great way to show your boxing pride and support the Portland Boxing Club. For an annual tax deductible donation of \$100 or greater, you can join this exclusive club of Portland Boxing Club supporters. The Red Corner Club is open to anyone who wants to support the Portland Boxing Club, including current and past members, boxing team alumni, fans and community supporters.

Benefits include: Portland Boxing Club Shirt with the Red Corner Club member logo, Recognition in Upcoming Souvenir Programs, Recognition in Portland Boxing Club Newsletters and Recognition at Portland Boxing Club Events.

Memberships can also be given as a gift! <u>Click here for more information and to join the Red Corner Club</u>

#### **Red Corner Club Members**

Thank you to the following new members of the Red Corner Club:

Mike Svigelj - M2SC, Inc.

Matt Tardiff - Camden National Bank

membership:

Joseph Galietta
Bucky Mulkern
Roger & Joanne Fortin

## **Automatic Payments of PBC Dues**

Did you know that gym members can automatically pay their monthly Portland Boxing Club dues with a credit or debit card? If you would like to pay your dues with a credit or debit card, forms are available in the gym or at <a href="https://www.portlandboxingclub.org/forms">www.portlandboxingclub.org/forms</a>.

## Shop on Amazon Smile to Support PBC

Support Portland Boxing Club every time you shop on Amazon! Select Portland Boxing Club as your charity then when time you shop on Amazon, go to <a href="mailto:smile.amazon.com">smile.amazon.com</a> and Portland Boxing Club will receive a portion of the purchase price.



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If you haven't been into the Portland Boxing Club recently, we welcome you to rejoin! If you are an active member, refer your friends!

Membership information and Saturday boot camp information is available on our website.

**Membership Information** 



#### **PBC On-line Store**

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Wipfli LLP

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